

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ON

COURSE OUTLINE

COURSE TITLE: THERAPEUTIC CAMP

CODE NO.: CCW302

SEMESTER: THREE

PROGRAM: CHILD AND YOUTH WORKER

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DATE: SEPT. 1992

PREVIOUS OUTLINE DATED: SEPT. 1991

NEW: REVISED: X

APPROVED: K. DePasario Sept. 18/92
DEAN DATE

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Date: September 25, 26, 27, 1992.

Location: Pancake Bay Provincial Park.

This is an intensive forty-five (45) hour course.

NATURE OF COURSE

This course will provide the student with the opportunity to plan for and participate in an outdoor camping experience - thereby learning the value and purpose of doing same with client groups.

GOAL OF COURSE

To provide the student with practical camping experience including: a camp setup, cooking, and activity implementation.

OBJECTIVES

1. To be able to select activities for specific goals, circumstances, and locations.
2. To recognize own strengths and limitations respective of the environment.
3. To create and maintain a congenial stimulating environment.
4. To further develop planning and implementation skills.
5. To learn basic "camping skills".
6. To learn program evaluation skills.

In that Child and Youth Workers are responsible for therapeutic programming with children in a wide variety of situations, it is essential that as much experience and exposure as possible be given the student. Working with children in residential care and on summer programs, etc. usually requires that the worker is prepared to lead such activities as camping, water safety, etc.

There are a number of issues and responsibilities that the student in CCW 302-3 needs to be aware of:

1. Therapeutic Camp is a co-requisite of Recreational Leadership.
2. Students will plan the venture.
3. Students are responsible for acquiring all necessary supplies:
 - personal items (sleeping bag, hiking boots, etc.)
 - tents
 - cooking utensils
4. Menu planning, food buying, etc. is done by the students. In order to effectively ensure a "group experience", all initiatives in this activity will be group oriented.
5. **Personal medications** are the responsibility of the individual student.
6. **Menus** are to be submitted to the faculty for approval. This includes: grocery list, supplies list with names of those responsible for the items on the list.

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- * Once the menu/grocery list is established, the cost of same is divided equally amongst those attending, both students and faculty. Cost usually is less than \$15.00 per person for all three (3) days.
- 5. Camp site has no power outlets so leave your microwave at home.
- 6. Transportation is provided by the College.
- 7. There is a phone for emergency use. This is a course so visitors are not allowed on site. In case of emergency, family etc. can relay a message to you by contacting Pancake Bay (705) 882-2209; ask for George Jones. We will be at the group camping area.
- *8. Use of alcohol etc. is not permitted, in accordance with College Policy.
- 9. Bring guitars and other means of making music if you can, i.e. tambourine, etc.
- 10. Weekend will not be cancelled in the event of wind, rain or snow.

Specific assignments relative to this venture will be presented in the classroom.

Faculty will provide details and direction for this venture in the classroom and on site.

METHOD OF EVALUATION

1. Planning & supplies acquisition	10%
2. Activity Outlines	5%
3. Participation in all activities	25%
4. Activity plans & implementation	
a. Hike	10%
b. Campfire	10%
c. Arts & Crafts	10%
d. Physical	10%
5. Meal time preparation	10%
6. Constructive, critical analysis of course (written)	10%
TOTAL	100%

- * Pancake Bay camp site is made available to us without charge. It is imperative that all participants maintain appropriate behaviour with respect to park staff and the environment.
- * CYW participants must be fully prepared and dressed appropriately for the weekend. Failure to do so will result in your dismissal from the course and an automatic repeat.

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COLLEGE GRADING POLICY

90 - 100% = A+
80 - 89% = A
70 - 79% = B
60 - 69% = C
BELOW 60% = R

SPECIAL NOTE

Students with special needs (eg. physical limitations, visual impairments, hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the instructor.

Your instructor reserves the right to modify the course as he/she deems necessary to meet the needs of students.

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CHILD AND YOUTH WORKER PROGRAM

Therapeutic Camping Experience

Assignment for Grading

Item: Evening activities around the bonfire!

On the camping trip, there will be a variety of evening activities, demonstrating the potential of such experiences to enrich the life of the young person in your care. This, of course, is in keeping with the overall themes of this course.

Many of these activities will be demonstrated and interpreted by the instructors, with input from the students. Some will occur after dark, i.e. "around the bonfire", just as one would find on any well organized camping trip with youth.

After the instructors have demonstrated activities, students will have the opportunity to show their creative mettle in such a situation.

Your assignment here is to prepare, deliver, and discuss the merits of one "evening activity around the bonfire". You will have up to ten minutes for the entire assignment. There needs to be evidence of preparation, but not over-preparation (i.e. do not use too many materials.) The activity itself must be demonstrated and must involve, somehow, the entire group (directly or indirectly). The discussion must include your explanation of how the activity could be used with various ages of youth, and the merits of the activity. Safety issues must be attended to and pointed out to the group. In short, you are to teach the group the activity, and to be certain that we fully understand it.

Please speak with the instructors in advance if you think you will need more than 10 minutes.

You might be wise to prepare a backup activity in case of inclement weather. Also, note that no duplications will be permitted, so be fully prepared.

Activities involving cooking will not be accepted for this assignment.

The activities may be spread over both evenings, or they may be condensed to one evening. You will receive no advance notice as to when your turn comes up - you will be expected to be prepared to be called upon in random order.

Plan well and bring warm clothes!

This assignment will comprise 10% of the final grade for the course.

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CHILD AND YOUTH WORKER PROGRAM

Therapeutic Camping Experience

ASSIGNMENT FOR GRADING

ITEM: Nature trail hike

As you may be aware, there will be a nature trail hike on the Saturday of the camping weekend. All will participate in this mandatory activity. The hike will be led by Jeff, Mary and Mike.

Having an enjoyable day in the forests of Northern Ontario is only a part of the reason for the hike. Of primary concern to us is the opportunity to gain experience with such an activity from the viewpoint of a group leader. This reason, of course, is in keeping with the theme of the entire weekend.

Toward this end, then, I have a small activity for you. I am informing you ahead of time because some preparation will be required.

During the hike each student will present to the group a short (3 to 5 minute) activity. You may present the entire activity if in fact it is short, or a portion of a larger activity to show us the potential. The activity **must** be in keeping with the theme i.e. the out-of-doors, nature, hiking, camping, etc. The activity should be geared to an adult level (we will not be role playing on the hike) but you **must** be able to show how it could be scaled to an adolescent or child level, keeping in mind the needs of youth in such an experience. Please try to involve the group - simply talking to us, without involvement in some sort of activity, will be insufficient. Keep materials to a bare minimum, or use what is at hand - be creative, and avoid lugging material on the entire hike.

Your initiative will be tested, as you will not be called upon to present - nor will an opportunity be provided by the instructors. It will be up to you to seize the initiative and stop the group at the point where you wish to present. You may present at any time from the start of the hike to the finish. The instructors may intervene if too many activities are bunched together. Note that no duplication of activities will be accepted.

Please talk to one of the instructors if you wish assistance in planning this activity.

Plan well and bring walking shoes!!

This assignment will comprise 10% of the grade for this course.

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Therapeutic Camping Experience

GROUP/ACTIVITY GUIDELINES

Arts and Crafts or Gross Motor (circle one)

Activity/Group

Leader's Name:

Group Members:

Purpose/Topic

Include therapeutic value:

How it will be implemented:

Supplies needed:

Rules:

Anticipated Problems:

Anticipated Methods of Intervention in the even of problems:
i.e. modifications:

Outcome:

Include group dynamics:

How did the activity go?

Evaluation to be completed. In future what would you do differently?

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